

# PATHWAY to STABILITY

12-WEEK CYCLE



## YOUR NEXT STEPS. YOUR BETTER FUTURE.

Pathway to Stability is a 12-week journey designed to equip you with the tools, resources, and support you build a stronger future. Each week built last—financial knowledge, career readiness, health, and life skills that lead to **long-term stability**.

### 3 POWERFUL STEPS, 1 STRONGER YOU.

<p><b>1</b> </p> <p><b>POLY THRIVE COACHING</b> Financial Literacy &amp; Career Readiness</p> <p><b>TUESDAYS IN JULY</b></p> <p> JULY 7 JULY 14 JULY 21 JULY 28</p> <p> 6:00 PM - 8:00 PM</p> <p> ALL CLASSES HELD AT 1601 IMPACT</p>	<p><b>2</b> </p> <p><b>THREE RIVERS CREDIT UNION</b> Wealth &amp; Wellbeing</p> <p><b>SUNDAYS IN AUGUST</b></p> <p> AUGUST 3 AUGUST 10 AUGUST 17 AUGUST 24</p> <p> 9:00 AM - 10:00 AM</p> <p> ALL CLASSES HELD AT 1601 IMPACT</p>	<p><b>3</b> </p> <p><b>INTUNE INTEGRATED NUTRITION</b> Health &amp; Wellness Education</p> <p><b>WEDNESDAYS IN SEPTEMBER</b></p> <p> SEPTEMBER 3 SEPTEMBER 10 SEPTEMBER 17 SEPTEMBER 24</p> <p> 10:30 AM - 12:00 PM</p> <p> ALL CLASSES HELD AT 1601 IMPACT</p>
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THIS JOURNEY WILL HELP YOU:



Build Financial Confidence



Strengthen your career readiness



Improve your Health & Wellbeing



Create a support network



Move from crisis to stability

You don't have to do it alone. We're here to walk with you. *every step of the way.*

READY TO TAKE YOUR NEXT STEP?



REGISTER TODAY!

Space is limited. Commitment makes transformation possible.



MERCY TABLE

Exchanging Poverty for Opportunity

915-321-0074

WWW.MERCYTABLE.ORG

THEMERCYSTABLE.IN@GMAIL.COM

**Interested? Just send an email to [tntroup@gmail.com](mailto:tntroup@gmail.com) or text to 317-698-5531**